
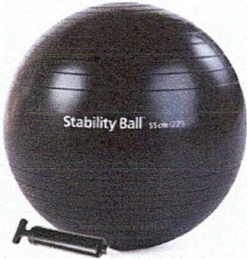


JENIS-JENIS KELENGKAPAN & SPESIFIKASI YANG DIPOHONKAN

No	Name of Equipment	Specification	Weight/ Measurement	Quantity
(a)	(b)	(c)	(d)	(e)
1	<p>Resistance Band</p> 	<p><i>Color: Black or equivalent</i></p> <p><i>Resistance:</i></p> <p>a. <i>Ultra Light - 3lbs/6ft</i></p> <p>b. <i>Very light - 7lb/6ft</i></p> <p>c. <i>Light - 12lb/6ft</i></p> <p>d. <i>Medium - 18lb/6ft</i></p> <p>e. <i>Heavy - 25lb/6ft</i></p> <p>f. <i>Very heavy - 40lb/6ft</i></p> <p>g. <i>Ultra-heavy - 55lb/6ft</i></p> <p><i>Length: ±6ft</i></p> <p><i>Weight: Maximum strength of 24kg</i></p> <p><i>Description: Made of Eco-friendly natural latex for maximum strength of 24kg, soft grip handles durable, comfortable, and durable, anti-snap</i></p> <p><i>double protection, high quality protective nylon sleeve and premium natura latex prevents the resistance tube from any damage. Maximum resistance.</i></p>	<p>a. <i>Ultra Light - 3lbs/6ft</i></p> <p>b. <i>Very light - 7lb/6ft</i></p> <p>c. <i>Light - 12lb/6ft</i></p> <p>d. <i>Medium - 18lb/6ft</i></p> <p>e. <i>Heavy - 25lb/6ft</i></p> <p>f. <i>Very heavy - 40lb/6ft</i></p> <p>g. <i>Ultra-heavy - 55lb/6ft</i></p>	<p>a. <i>Ultra Light - 3lbs/6ft -10pcs</i></p> <p>b. <i>Very light - 7lb/6ft -10pcs</i></p> <p>c. <i>Light - 12lb/6ft 20pcs</i></p> <p>d. <i>Medium - 18lb/6ft -20pcs</i></p> <p>e. <i>Heavy - 25lb/6ft -20pcs</i></p> <p>f. <i>Very heavy - 40lb/6ft - 10pcs</i></p> <p>g. <i>Ultra-heavy - 55lb/6ft - 10pcs</i></p>

2	<p>Stability Ball</p> 	<p><i>Color: Black or equivalent</i></p> <p><i>Size: 45 cm, 55 cm, 65 cm</i></p> <p><i>Description: Anti-burst polyvinyl, Latex free and non-slip ribbed surface, Includes hand pump</i></p>	<p><i>a. Size: 45cm</i></p> <p><i>b. Size: 55cm</i></p> <p><i>c. Size: 65cm</i></p>	<p><i>a. Size: 45cm – 15pcs</i></p> <p><i>b. Size: 55cm – 45pcs</i></p> <p><i>c. Size: 65cm – 40pcs</i></p> <p><i>Total = 100 pcs</i></p>
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